

I Speak _____

Please find an interpreter who can speak my language so I can best use your services.

Under Title VI of the Civil Rights Act of 1964, agencies that receive any federal funds are required to provide language assistance to those that need it, at no cost. **For health care services, I can get help with interpretation through my health plan. To learn more or set up an interpreter, please call customer service at 1-800-777-4376.**



When Getting Health Care Services:

- » If you do not speak English, you have the right to receive language help for free.
- » Even if you speak some English, you can still ask for an interpreter.
- » Asking for an interpreter will help you get the best care.
- » Cut out (or take a picture of) the cards above.
- » Show the card to the person you are working with to help them understand your needs.
- » If you need an interpreter for a health care appointment, we can help:
 - Call customer service to set up an interpreter two weeks before your appointment.
 - **1-800-777-4376**
 - **TTY: 1-800-947-3529**

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