



Weight Assessment and Counseling for Nutrition and Physical Activity for Children/Adolescents (WCC)

HEDIS measure overview

Please note that the information offered in this flyer is based on the National Committee for Quality Assurance's (NCQA) Healthcare Effectiveness Data and Information Set (HEDIS®) technical specifications. It is not meant to preclude your clinical judgment.

What is the WCC measure?

The Weight Assessment and Counseling for Nutrition and Physical Activity for Children/Adolescents (WCC) measure evaluates the percentage of enrolled members 3–17 years of age who had an outpatient visit with a primary care provider or OB-GYN and who had evidence of body mass index (BMI) percentile documentation, counseling for nutrition and counseling for physical activity during the measurement year.

How to do well on WCC

- Assess patients 3–17 years old for BMI percentile.
- Counsel those patients about nutrition and physical activity.
- Document both of the above in the outpatient record.

What counts as evidence of documentation?

For BMI percentile:	For nutrition counseling:	For physical activity counseling:
Documentation needs to include the patient's height, weight and BMI percentile during the measurement year. Either of the following meets criteria for BMI percentile: • BMI percentile documented as a value (e.g., 85th percentile, greater than 99%, less than 1%) • BMI percentile plotted on an age-growth chart Note: Height, weight and percentile must be from the same data source. Height and weight can be captured during a telehealth visit and may be member-reported.	Documentation needs to include a note indicating the date and at least one of the following: • Discussion of current nutrition behaviors (e.g., eating habits, dieting behaviors) • Checklist indicating nutrition was addressed • Counseling or referral for nutrition education • Confirmation that patient received educational materials on nutrition during a face-to-face visit • Anticipatory guidance for nutrition • Weight or obesity counseling	Documentation needs to include a note indicating the date and at least one of the following: • Discussion of current physical activity behaviors (e.g., exercise routine, participation in sports, exam for sports participation) • Checklist indicating physical activity was addressed • Counseling or referral for physical activity • Confirmation that patient received educational materials on physical activity during a face-to-face visit • Anticipatory guidance specific to the child's physical activity • Weight or obesity counseling

What coding should be used for WCC?

The following codes are used to document weight assessment, counseling and physical activity.

BMI percentile

ICD-10-CM Z68.51	Body mass index (BMI) pediatric, less than 5th percentile for age
ICD-10-CM Z68.52	Body mass index (BMI) pediatric, 5th percentile to less than 85th percentile for age
ICD-10-CM Z68.53	Body mass index (BMI) pediatric, 85th percentile to less than 95th percentile for age
ICD-10-CM Z68.54	Body mass index (BMI) pediatric, greater than or equal to 95th percentile for age

Counseling for nutrition

CPT 97802	Medical nutrition therapy; initial assessment and intervention, individual, face-to-face with the patient, each 15 minutes
CPT 97803	Medical nutrition therapy; reassessment and intervention, individual, face-to-face with the patient, each 15 minutes
CPT 97804	Medical nutrition therapy; group (two or more individuals), each 30 minutes
HCPCS G0270	Medical nutrition therapy: reassessment and subsequent intervention(s) following second referral in same year for change in diagnosis, medical condition or treatment regimen (including additional hours needed for renal disease), individual, face-to-face with the patient, each 15 minutes
HCPCS G0271	Medical nutrition therapy: reassessment and subsequent intervention(s) following second referral in same year for change in diagnosis, medical condition or treatment regimen (including additional hours needed for renal disease), group (two or more individuals), each 30 minutes
HCPCS G0447	Face-to-face behavioral counseling for obesity, 15 minutes
HCPCS S9449	Weight management classes, non-physician provider, per session
HCPCS S9452	Nutrition classes, non-physician provider, per session
HCPCS S9470	Nutritional counseling, dietitian visit

Counseling on physical activity

HCPCS G0447	Face-to-face behavioral counseling for obesity, 15 minutes
HCPCS S9451	Exercise classes, non-physician provider, per session
ICD-10-CM Z02.5	Encounter for examination for participation in sport
ICD-10-CM Z71.82	Exercise counseling

Coding included above is based on the NCQA Value Set, but each state's fee schedule determines which codes are reimbursed. Please consult your respective state's fee schedule for reimbursement information.

The coding information in this document is subject to changing requirements and should not be relied on as official coding or legal advice. All coding should be considered on a case-by-case basis and supported by medical necessity and appropriate documentation in the medical record.

ICD-10-CM is the International Classification of Diseases, Tenth Revision, Clinical Modification developed by the World Health Organization and provided by CMS and the National Center for Health Statistics.

Current Procedural Terminology (CPT®) and CPT Category II (CPT II) codes are developed by the American Medical Association (AMA). CPT codes are used to communicate services and procedures rendered to patients. CPT II codes are supplemental tracking codes used for quality performance measurement.

HCPCS is the Healthcare Common Procedure Coding System used by CMS and maintained by the AMA.

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